

Résultats – 20250330 Championnat MD de ligue NM

2025-03-30

| H21 | | (7 / 7) | Temps | Après | Temps perdu |
|------------|-------------------|-----------------|----------------|----------------|--------------------|
| 1. | Rémi HAUTREUX | NCO | 29:51 | | 0:21 |
| | 0:56 (0:56) | 0:48 (1:44) | 0:58 (2:42) | 1:35 (4:17) | 2:07 (6:24) |
| | 1:22 (7:46) | 0:40 (8:26) | 0:52 (9:18) | 1:22 (10:40) | 0:55 (11:35) |
| | 2:07 (13:42) | 0:38 (14:20) | 2:01 (16:21) | 1:27 (17:48) | 2:30 (20:18) |
| | 1:52 (22:10) | 0:44 (22:54) | 2:29 (25:23) | 2:06 (27:29) | 1:11 (28:40) |
| | 0:59 (29:39) | 0:12 (29:51) | | | |
| 2. | Benoit PECQUENARD | VIK'AZIM | 31:36 | +1:45 | 1:48 |
| | 1:28 (1:28) | 0:52 (2:20) | 0:57 (3:17) | 2:30 (5:47) | 2:10 (7:57) |
| | 1:21 (9:18) | 0:48 (10:06) | 0:53 (10:59) | 1:25 (12:24) | 0:50 (13:14) |
| | 2:08 (15:22) | 1:07 (16:29) | 1:56 (18:25) | 1:15 (19:40) | 2:20 (22:00) |
| | 2:22 (24:22) | 0:38 (25:00) | 2:11 (27:11) | 1:51 (29:02) | 1:18 (30:20) |
| | 1:07 (31:27) | 0:09 (31:36) | | | |
| 3. | Maxime DIVAY | VIK'AZIM | 36:31 | +6:40 | 2:33 |
| | 3:00 (3:00) | 1:11 (4:11) | 1:02 (5:13) | 1:50 (7:03) | 2:26 (9:29) |
| | 1:26 (10:55) | 0:49 (11:44) | 1:01 (12:45) | 1:30 (14:15) | 0:57 (15:12) |
| | 2:27 (17:39) | 0:45 (18:24) | 2:01 (20:25) | 1:08 (21:33) | 3:05 (24:38) |
| | 2:35 (27:13) | 0:50 (28:03) | 2:49 (30:52) | 2:31 (33:23) | 1:34 (34:57) |
| | 1:22 (36:19) | 0:12 (36:31) | | | |
| 4. | Lucas THOUVENIN | CO'ORNE ALENCON | 38:32 | +8:41 | 3:17 |
| | 1:13 (1:13) | 1:01 (2:14) | 1:19 (3:33) | 1:33 (5:06) | 2:41 (7:47) |
| | 1:31 (9:18) | 1:03 (10:21) | 1:04 (11:25) | 1:36 (13:01) | 1:05 (14:06) |
| | 2:29 (16:35) | 0:50 (17:25) | 2:09 (19:34) | 1:19 (20:53) | 6:05 (26:58) |
| | 2:22 (29:20) | 0:50 (30:10) | 2:46 (32:56) | 2:23 (35:19) | 1:40 (36:59) |
| | 1:19 (38:18) | 0:14 (38:32) | | | |
| 5. | Loïc MIEUSEMENT | VIK'AZIM | 41:31 | +11:40 | 7:35 |
| | 5:54 (5:54) | 1:03 (6:57) | 1:09 (8:06) | 1:45 (9:51) | 2:17 (12:08) |
| | 1:33 (13:41) | 0:47 (14:28) | 1:17 (15:45) | 1:32 (17:17) | 0:58 (18:15) |
| | 2:35 (20:50) | 1:21 (22:11) | 2:12 (24:23) | 1:46 (26:09) | 3:10 (29:19) |
| | 3:50 (33:09) | 0:50 (33:59) | 2:35 (36:34) | 2:05 (38:39) | 1:26 (40:05) |
| | 1:15 (41:20) | 0:11 (41:31) | | | |
| 6. | Baptiste GUIGNARD | COBS | 43:50 | +13:59 | 11:29 |
| | 3:05 (3:05) | 1:24 (4:29) | 1:00 (5:29) | 1:42 (7:11) | 2:21 (9:32) |
| | 1:21 (10:53) | 0:37 (11:30) | 1:21 (12:51) | 1:24 (14:15) | 0:56 (15:11) |
| | 2:12 (17:23) | 1:53 (19:16) | 4:21 (23:37) | 1:05 (24:42) | 6:03 (30:45) |
| | 2:37 (33:22) | 0:50 (34:12) | 4:42 (38:54) | 2:03 (40:57) | 1:22 (42:19) |
| | 1:16 (43:35) | 0:15 (43:50) | | | |
| 7. | Eric LECAPLAIN | CO'ORNE ALENCON | 1:15:49 | +45:58 | 25:28 |
| | 6:39 (6:39) | 1:25 (8:04) | 1:55 (9:59) | 3:05 (13:04) | 4:41 (17:45) |
| | 2:23 (20:08) | 1:22 (21:30) | 8:38 (30:08) | 1:30 (31:38) | 1:12 (32:50) |
| | 3:52 (36:42) | 1:11 (37:53) | 3:31 (41:24) | 4:17 (45:41) | 8:43 (54:24) |
| | 6:02 (1:00:26) | 0:59 (1:01:25) | 7:30 (1:08:55) | 3:15 (1:12:10) | 1:51 (1:14:01) |
| | 1:34 (1:15:35) | 0:14 (1:15:49) | | | |
| H18 | | (1 / 1) | Temps | Après | Temps perdu |
| 1. | Tim DAGUET | VIK'AZIM | 42:54 | | 0:00 |
| | 1:28 (1:28) | 0:57 (2:25) | 1:05 (3:30) | 3:31 (7:01) | 2:14 (9:15) |
| | 1:54 (11:09) | 3:56 (15:05) | 2:06 (17:11) | 1:22 (18:33) | 0:56 (19:29) |
| | 2:43 (22:12) | 0:55 (23:07) | 2:09 (25:16) | 1:46 (27:02) | 2:57 (29:59) |
| | 2:10 (32:09) | 0:49 (32:58) | 4:36 (37:34) | 2:29 (40:03) | 1:31 (41:34) |
| | 1:07 (42:41) | 0:13 (42:54) | | | |
| H20 | | (2 / 2) | Temps | Après | Temps perdu |
| 1. | Titouan CHAPUT | VIK'AZIM | 25:32 | | 0:00 |
| | 1:11 (1:11) | 0:41 (1:52) | 0:45 (2:37) | 1:19 (3:56) | 1:43 (5:39) |
| | 1:02 (6:41) | 0:50 (7:31) | 0:42 (8:13) | 1:10 (9:23) | 0:43 (10:06) |
| | 1:50 (11:56) | 0:55 (12:51) | 1:33 (14:24) | 0:49 (15:13) | 2:06 (17:19) |
| | 1:30 (18:49) | 0:41 (19:30) | 1:52 (21:22) | 1:49 (23:11) | 1:10 (24:21) |
| | 1:02 (25:23) | 0:09 (25:32) | | | |
| 2. | Elouan BRASSART | O. CAENNAISE | 29:10 | +3:38 | 0:56 |
| | 0:57 (0:57) | 0:47 (1:44) | 0:56 (2:40) | 1:25 (4:05) | 2:12 (6:17) |
| | 1:20 (7:37) | 0:43 (8:20) | 0:53 (9:13) | 1:24 (10:37) | 0:50 (11:27) |
| | 2:14 (13:41) | 0:43 (14:24) | 1:49 (16:13) | 1:29 (17:42) | 2:32 (20:14) |
| | 1:45 (21:59) | 0:38 (22:37) | 2:01 (24:38) | 1:58 (26:36) | 1:21 (27:57) |
| | 1:04 (29:01) | 0:09 (29:10) | | | |

| H35 | | (1 / 1) | Temps | Après | Temps perdu |
|------------|--------------------|-----------------|--------------|---------------|--------------------|
| 1. | Sebastian WILD | COBS | 39:01 | | 0:00 |
| | 1:09 (1:09) | 0:58 (2:07) | | 2:01 (5:28) | 3:31 (8:59) |
| | 1:35 (10:34) | 0:56 (11:30) | | 1:38 (14:17) | 0:54 (15:11) |
| | 2:49 (18:00) | 1:02 (19:02) | | 1:36 (22:51) | 2:54 (25:45) |
| | 2:09 (27:54) | 0:51 (28:45) | | 2:36 (36:13) | 1:26 (37:39) |
| | 1:09 (38:48) | 0:13 (39:01) | | | |
| D21 | | (6 / 6) | Temps | Après | Temps perdu |
| 1. | Jade SANCHEZ | COBS | 33:32 | | 1:40 |
| | 2:18 (2:18) | 2:02 (4:20) | | 1:13 (6:18) | 2:08 (8:26) |
| | 2:03 (10:29) | 2:23 (12:52) | | 3:27 (17:26) | 2:00 (19:26) |
| | 0:50 (20:16) | 2:16 (22:32) | | 2:27 (26:45) | 1:21 (28:06) |
| | 1:05 (29:11) | 2:19 (31:30) | | 0:11 (33:32) | |
| 2. | Clémence MENESGUEN | ALBEOrientation | 40:15 | +6:43 | 3:14 |
| | 3:31 (3:31) | 2:43 (6:14) | | 2:04 (9:13) | 2:21 (11:34) |
| | 2:14 (13:48) | 2:47 (16:35) | | 3:45 (21:37) | 0:52 (22:29) |
| | 1:04 (23:33) | 2:35 (26:08) | | 2:37 (30:07) | 2:01 (32:08) |
| | 1:56 (34:04) | 2:53 (36:57) | | 0:10 (40:15) | |
| 3. | Mathilde LEHAULT | VIK'AZIM | 46:49 | +13:17 | 7:15 |
| | 3:35 (3:35) | 3:18 (6:53) | | 5:37 (13:41) | 2:49 (16:30) |
| | 2:20 (18:50) | 4:14 (23:04) | | 3:46 (28:11) | 0:46 (28:57) |
| | 1:13 (30:10) | 2:36 (32:46) | | 2:58 (37:54) | 2:00 (39:54) |
| | 1:31 (41:25) | 2:58 (44:23) | | 0:13 (46:49) | |
| 4. | Candice WILD | COBS | 47:47 | +14:15 | 4:01 |
| | 3:03 (3:03) | 3:00 (6:03) | | 2:03 (9:07) | 2:53 (12:00) |
| | 4:37 (16:37) | 3:33 (20:10) | | 5:08 (26:39) | 2:14 (28:53) |
| | 1:07 (30:00) | 3:22 (33:22) | | 3:16 (38:13) | 1:20 (39:33) |
| | 1:45 (41:18) | 3:29 (44:47) | | 0:14 (47:47) | |
| 5. | Agathe LAIGNEL | CO'ORNE ALENCON | 55:53 | +22:21 | 11:27 |
| | 4:28 (4:28) | 3:37 (8:05) | | 1:51 (11:01) | 3:30 (14:31) |
| | 6:18 (20:49) | 4:19 (25:08) | | 4:15 (30:43) | 0:49 (31:32) |
| | 1:32 (33:04) | 3:53 (36:57) | | 3:18 (46:23) | 1:47 (48:10) |
| | 1:42 (49:52) | 3:29 (53:21) | | 0:18 (55:53) | |
| | Manon TISSANDIER | ALBEOrientation | Non partant | | |
| | - (-) | - (-) | | - (-) | - (-) |
| | - (-) | - (-) | | - (-) | - (-) |
| | - (-) | - (-) | | - (-) | - (-) |
| | - (-) | - (-) | | - (-) | - (-) |
| D18 | | (3 / 3) | Temps | Après | Temps perdu |
| 1. | Manon VILLEDIEU | O. CAENNAISE | 41:27 | | 2:21 |
| | 2:40 (2:40) | 2:36 (5:16) | | 1:37 (7:49) | 3:05 (10:54) |
| | 5:23 (16:17) | 2:59 (19:16) | | 3:25 (23:53) | 0:53 (24:46) |
| | 1:08 (25:54) | 2:00 (27:54) | | 3:12 (32:45) | 1:37 (34:22) |
| | 1:56 (36:18) | 2:46 (39:04) | | 0:10 (41:27) | |
| 2. | Juliette LEMIEGRE | VIK'AZIM | 46:07 | +4:40 | 6:37 |
| | 3:03 (3:03) | 2:35 (5:38) | | 1:19 (7:54) | 2:15 (10:09) |
| | 7:08 (17:17) | 2:28 (19:45) | | 6:55 (27:56) | 0:48 (28:44) |
| | 1:22 (30:06) | 2:03 (32:09) | | 2:50 (37:24) | 2:17 (39:41) |
| | 1:22 (41:03) | 2:28 (43:31) | | 0:11 (46:07) | |
| 3. | Cassiopée COLOMBE | COBS | 57:47 | +16:20 | 12:40 |
| | 3:56 (3:56) | 4:23 (8:19) | | 1:42 (11:00) | 2:58 (13:58) |
| | 10:02 (24:00) | 3:22 (27:22) | | 3:55 (32:37) | 0:53 (33:30) |
| | 1:11 (34:41) | 2:41 (37:22) | | 10:38 (49:41) | 1:09 (50:50) |
| | 1:18 (52:08) | 3:25 (55:33) | | 0:14 (57:47) | |
| D20 | | (1 / 1) | Temps | Après | Temps perdu |
| 1. | Agathe TISSANDIER | ALBEOrientation | 42:47 | | 0:00 |
| | 3:31 (3:31) | 2:50 (6:21) | | 1:52 (9:27) | 3:13 (12:40) |
| | 2:28 (15:08) | 3:08 (18:16) | | 3:35 (23:08) | 1:05 (24:13) |
| | 1:08 (25:21) | 2:49 (28:10) | | 4:05 (33:56) | 2:01 (35:57) |
| | 1:36 (37:33) | 3:09 (40:42) | | 0:12 (42:47) | |
| H40 | | (2 / 2) | Temps | Après | Temps perdu |
| 1. | Vincent VOIVENEL | VIK'AZIM | 31:43 | | 1:10 |
| | 1:00 (1:00) | 1:44 (2:44) | | 0:48 (4:27) | 2:18 (6:45) |
| | 1:43 (8:28) | 1:38 (10:06) | | 0:47 (11:38) | 0:50 (12:28) |
| | 3:21 (15:49) | 0:43 (16:32) | | 2:20 (20:57) | 1:02 (21:59) |
| | 1:50 (23:49) | 1:18 (25:07) | | 0:58 (28:32) | 1:33 (30:05) |
| | 1:28 (31:33) | 0:10 (31:43) | | | |

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|----|--------------------|--------------|--------------|--------------|-------|--------------|
| 2. | Jean-Paul VOIVENEL | VIK'AZIM | 51:16 | +19:33 | 14:57 | |
| | 1:31 (1:31) | 2:30 (4:01) | 1:41 (5:42) | 1:03 (6:45) | | 3:16 (10:01) |
| | 6:27 (16:28) | 1:43 (18:11) | 0:48 (18:59) | 0:52 (19:51) | | 0:57 (20:48) |
| | 3:23 (24:11) | 0:56 (25:07) | 0:55 (26:02) | 8:06 (34:08) | | 1:07 (35:15) |
| | 2:07 (37:22) | 3:22 (40:44) | 3:19 (44:03) | 1:41 (45:44) | | 2:54 (48:38) |
| | 2:24 (51:02) | 0:14 (51:16) | | | | |

| H45 | | (7 / 7) | Temps | Après | Temps perdu | |
|-----|--------------------|-----------------|--------------|--------------|-------------|--------------|
| 1. | François CALANDOT | O. CAENNAISE | 25:56 | | 0:00 | |
| | 0:39 (0:39) | 1:20 (1:59) | 1:04 (3:03) | 0:36 (3:39) | | 1:56 (5:35) |
| | 1:40 (7:15) | 1:13 (8:28) | 0:39 (9:07) | 0:40 (9:47) | | 0:51 (10:38) |
| | 2:34 (13:12) | 0:42 (13:54) | 0:33 (14:27) | 2:10 (16:37) | | 0:53 (17:30) |
| | 1:21 (18:51) | 1:11 (20:02) | 1:45 (21:47) | 0:58 (22:45) | | 1:33 (24:18) |
| | 1:26 (25:44) | 0:12 (25:56) | | | | |
| 2. | Nicolas CASTEL | VIK'AZIM | 28:05 | +2:09 | 1:22 | |
| | 0:55 (0:55) | 2:10 (3:05) | 0:58 (4:03) | 0:36 (4:39) | | 1:59 (6:38) |
| | 1:39 (8:17) | 1:24 (9:41) | 0:41 (10:22) | 0:41 (11:03) | | 0:52 (11:55) |
| | 3:18 (15:13) | 0:39 (15:52) | 0:37 (16:29) | 2:10 (18:39) | | 0:54 (19:33) |
| | 1:29 (21:02) | 1:02 (22:04) | 1:57 (24:01) | 0:57 (24:58) | | 1:35 (26:33) |
| | 1:22 (27:55) | 0:10 (28:05) | | | | |
| 3. | Julien MILEO | COBS | 29:02 | +3:06 | 1:57 | |
| | 0:48 (0:48) | 1:23 (2:11) | 1:02 (3:13) | 0:34 (3:47) | | 1:59 (5:46) |
| | 1:41 (7:27) | 1:34 (9:01) | 0:40 (9:41) | 0:43 (10:24) | | 0:51 (11:15) |
| | 2:50 (14:05) | 0:47 (14:52) | 0:37 (15:29) | 2:36 (18:05) | | 0:55 (19:00) |
| | 1:58 (20:58) | 1:03 (22:01) | 2:25 (24:26) | 1:31 (25:57) | | 1:32 (27:29) |
| | 1:22 (28:51) | 0:11 (29:02) | | | | |
| 4. | Guillaume LEMIEGRE | VIK'AZIM | 33:47 | +7:51 | 1:20 | |
| | 1:15 (1:15) | 1:48 (3:03) | 1:07 (4:10) | 0:43 (4:53) | | 2:22 (7:15) |
| | 2:04 (9:19) | 1:29 (10:48) | 0:42 (11:30) | 1:03 (12:33) | | 1:18 (13:51) |
| | 3:22 (17:13) | 0:57 (18:10) | 0:49 (18:59) | 2:38 (21:37) | | 1:09 (22:46) |
| | 1:37 (24:23) | 1:22 (25:45) | 2:23 (28:08) | 2:06 (30:14) | | 1:49 (32:03) |
| | 1:34 (33:37) | 0:10 (33:47) | | | | |
| 5. | Laurent FRANCOIS | VIK'AZIM | 39:41 | +13:45 | 6:20 | |
| | 2:53 (2:53) | 1:48 (4:41) | 1:02 (5:43) | 0:45 (6:28) | | 2:35 (9:03) |
| | 4:17 (13:20) | 1:42 (15:02) | 0:45 (15:47) | 0:44 (16:31) | | 0:58 (17:29) |
| | 4:10 (21:39) | 1:21 (23:00) | 0:44 (23:44) | 3:01 (26:45) | | 1:03 (27:48) |
| | 1:54 (29:42) | 1:42 (31:24) | 2:27 (33:51) | 1:11 (35:02) | | 2:31 (37:33) |
| | 1:59 (39:32) | 0:09 (39:41) | | | | |
| 6. | Guillaume LONG | VIK'AZIM | 41:44 | +15:48 | 10:48 | |
| | 1:11 (1:11) | 1:46 (2:57) | 1:02 (3:59) | 0:49 (4:48) | | 2:13 (7:01) |
| | 2:44 (9:45) | 3:59 (13:44) | 0:45 (14:29) | 0:46 (15:15) | | 1:01 (16:16) |
| | 3:44 (20:00) | 0:49 (20:49) | 4:46 (25:35) | 4:26 (30:01) | | 0:58 (30:59) |
| | 1:25 (32:24) | 1:32 (33:56) | 2:08 (36:04) | 2:20 (38:24) | | 1:31 (39:55) |
| | 1:38 (41:33) | 0:11 (41:44) | | | | |
| 7. | Julien BELZ | ALBEOrientation | 55:45 | +29:49 | 15:55 | |
| | 2:54 (2:54) | 2:21 (5:15) | 1:27 (6:42) | 1:16 (7:58) | | 2:44 (10:42) |
| | 2:36 (13:18) | 7:51 (21:09) | 0:52 (22:01) | 1:13 (23:14) | | 1:06 (24:20) |
| | 5:20 (29:40) | 3:18 (32:58) | 0:59 (33:57) | 3:08 (37:05) | | 1:10 (38:15) |
| | 2:12 (40:27) | 4:57 (45:24) | 2:56 (48:20) | 1:38 (49:58) | | 3:49 (53:47) |
| | 1:44 (55:31) | 0:14 (55:45) | | | | |
| H50 | | (4 / 4) | Temps | Après | Temps perdu | |
| 1. | Nicolas VILLEDIEU | O. CAENNAISE | 37:16 | | 1:14 | |
| | 1:59 (1:59) | 2:02 (4:01) | 1:06 (5:07) | 0:48 (5:55) | | 2:26 (8:21) |
| | 1:49 (10:10) | 1:31 (11:41) | 0:56 (12:37) | 0:53 (13:30) | | 1:02 (14:32) |
| | 3:47 (18:19) | 1:00 (19:19) | 1:00 (20:19) | 2:57 (23:16) | | 1:28 (24:44) |
| | 2:17 (27:01) | 1:30 (28:31) | 3:54 (32:25) | 1:04 (33:29) | | 2:06 (35:35) |
| | 1:31 (37:06) | 0:10 (37:16) | | | | |
| 2. | Serge DUDOUT | COBS | 40:56 | +3:40 | 4:13 | |
| | 1:46 (1:46) | 2:02 (3:48) | 1:15 (5:03) | 1:05 (6:08) | | 2:30 (8:38) |
| | 2:46 (11:24) | 1:31 (12:55) | 0:52 (13:47) | 0:49 (14:36) | | 1:05 (15:41) |
| | 4:15 (19:56) | 1:18 (21:14) | 3:03 (24:17) | 2:58 (27:15) | | 1:14 (28:29) |
| | 2:03 (30:32) | 1:27 (31:59) | 2:39 (34:38) | 1:51 (36:29) | | 2:17 (38:46) |
| | 2:00 (40:46) | 0:10 (40:56) | | | | |
| 3. | Xavier BRIERE | COBS | 46:07 | +8:51 | 3:55 | |
| | 2:05 (2:05) | 2:46 (4:51) | 1:25 (6:16) | 1:01 (7:17) | | 3:11 (10:28) |
| | 3:15 (13:43) | 2:17 (16:00) | 1:11 (17:11) | 1:06 (18:17) | | 1:13 (19:30) |
| | 4:24 (23:54) | 1:39 (25:33) | 0:55 (26:28) | 3:59 (30:27) | | 1:27 (31:54) |
| | 2:16 (34:10) | 2:00 (36:10) | 2:51 (39:01) | 2:04 (41:05) | | 2:30 (43:35) |
| | 2:21 (45:56) | 0:11 (46:07) | | | | |

| | | | | | |
|----------------------------|-----------------|----------------|--------------|----------------|--------------------|
| Arnaud DELAHAYE | | COBS | Non partant | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| H55 | (6 / 6) | | Temps | Après | Temps perdu |
| 1. Eric PIGEON | VIK'AZIM | | 42:28 | | 0:54 |
| 1:30 (1:30) | 2:12 (3:42) | 1:39 (5:21) | | 0:55 (6:16) | 3:03 (9:19) |
| 2:54 (12:13) | 2:07 (14:20) | 1:04 (15:24) | | 1:01 (16:25) | 1:16 (17:41) |
| 4:00 (21:41) | 1:50 (23:31) | 0:55 (24:26) | | 3:49 (28:15) | 1:24 (29:39) |
| 2:34 (32:13) | 1:28 (33:41) | 2:36 (36:17) | | 1:29 (37:46) | 2:38 (40:24) |
| 1:52 (42:16) | 0:12 (42:28) | | | | |
| 2. Bruno BEAUVISAGE | ALBEOrientation | | 46:26 | +3:58 | 3:11 |
| 2:06 (2:06) | 2:32 (4:38) | 1:32 (6:10) | | 1:11 (7:21) | 2:52 (10:13) |
| 3:48 (14:01) | 2:12 (16:13) | 1:01 (17:14) | | 1:00 (18:14) | 1:28 (19:42) |
| 4:12 (23:54) | 1:42 (25:36) | 0:54 (26:30) | | 3:38 (30:08) | 1:23 (31:31) |
| 2:28 (33:59) | 1:36 (35:35) | 2:39 (38:14) | | 1:29 (39:43) | 4:28 (44:11) |
| 2:03 (46:14) | 0:12 (46:26) | | | | |
| 3. Dominique VAUTIER | ALBEOrientation | | 49:42 | +7:14 | 11:05 |
| 1:28 (1:28) | 2:02 (3:30) | 1:19 (4:49) | | 0:54 (5:43) | 2:36 (8:19) |
| 3:01 (11:20) | 1:55 (13:15) | 0:56 (14:11) | | 0:58 (15:09) | 1:14 (16:23) |
| 3:37 (20:00) | 5:19 (25:19) | 0:52 (26:11) | | 9:53 (36:04) | 1:16 (37:20) |
| 2:20 (39:40) | 1:30 (41:10) | 2:43 (43:53) | | 1:21 (45:14) | 2:24 (47:38) |
| 1:49 (49:27) | 0:15 (49:42) | | | | |
| 4. Tobias FEAUX DE LACROIX | VIK'AZIM | | 57:46 | +15:18 | 9:27 |
| 2:00 (2:00) | 3:04 (5:04) | 1:41 (6:45) | | 1:14 (7:59) | 3:09 (11:08) |
| 3:14 (14:22) | 2:22 (16:44) | 1:10 (17:54) | | 1:27 (19:21) | 1:23 (20:44) |
| 5:48 (26:32) | 8:42 (35:14) | 0:49 (36:03) | | 3:41 (39:44) | 1:32 (41:16) |
| 2:33 (43:49) | 2:16 (46:05) | 4:06 (50:11) | | 1:40 (51:51) | 3:13 (55:04) |
| 2:23 (57:27) | 0:19 (57:46) | | | | |
| 5. Thierry VERMEERSCH | GO78 | | 1:09:12 | +26:44 | 12:48 |
| 3:41 (3:41) | 3:14 (6:55) | 1:52 (8:47) | | 1:25 (10:12) | 4:21 (14:33) |
| 3:28 (18:01) | 3:02 (21:03) | 1:26 (22:29) | | 1:30 (23:59) | 1:41 (25:40) |
| 6:03 (31:43) | 1:22 (33:05) | 1:09 (34:14) | | 5:04 (39:18) | 3:29 (42:47) |
| 6:26 (49:13) | 2:12 (51:25) | 9:26 (1:00:51) | | 1:53 (1:02:44) | 3:12 (1:05:56) |
| 2:57 (1:08:53) | 0:19 (1:09:12) | | | | |
| Fabien EUDIER | COBS | | PM | | |
| - (-) | 3:26 (-) | 1:18 (-) | | 0:51 (-) | 2:25 (-) |
| 2:02 (-) | 1:28 (-) | 0:45 (-) | | 0:52 (-) | 0:59 (-) |
| 3:31 (-) | 1:10 (-) | 0:54 (-) | | 2:56 (-) | 1:53 (-) |
| 5:11 (-) | 1:55 (-) | 2:24 (-) | | 1:30 (-) | - (-) |
| - (-) | - (-) | | | | |
| D40 | (2 / 2) | | Temps | Après | Temps perdu |
| 1. Emilie CALANDOT | O. CAENNAISE | | 40:15 | | 2:37 |
| 1:07 (1:07) | 0:59 (2:06) | 4:52 (6:58) | | 0:53 (7:51) | 1:22 (9:13) |
| 2:25 (11:38) | 5:24 (17:02) | 3:26 (20:28) | | 1:03 (21:31) | 3:52 (25:23) |
| 1:20 (26:43) | 1:07 (27:50) | 4:20 (32:10) | | 2:25 (34:35) | 1:11 (35:46) |
| 2:06 (37:52) | 2:10 (40:02) | 0:13 (40:15) | | | |
| 2. Elodie PIERRE | COBS | | 56:25 | +16:10 | 13:53 |
| 2:27 (2:27) | 1:31 (3:58) | 4:26 (8:24) | | 1:26 (9:50) | 2:40 (12:30) |
| 3:00 (15:30) | 2:46 (18:16) | 7:11 (25:27) | | 1:48 (27:15) | 5:43 (32:58) |
| 1:17 (34:15) | 5:51 (40:06) | 4:27 (44:33) | | 4:00 (48:33) | 1:50 (50:23) |
| 2:57 (53:20) | 2:48 (56:08) | 0:17 (56:25) | | | |
| D45 | (5 / 5) | | Temps | Après | Temps perdu |
| 1. Soizic BORGAT | O. CAENNAISE | | 38:37 | | 6:08 |
| 1:05 (1:05) | 1:02 (2:07) | 3:08 (5:15) | | 0:57 (6:12) | 2:56 (9:08) |
| 2:21 (11:29) | 4:33 (16:02) | 3:07 (19:09) | | 1:12 (20:21) | 3:11 (23:32) |
| 0:43 (24:15) | 1:08 (25:23) | 3:04 (28:27) | | 2:15 (30:42) | 4:02 (34:44) |
| 1:27 (36:11) | 2:13 (38:24) | 0:13 (38:37) | | | |
| 2. Marie FRANCOIS | VIK'AZIM | | 42:25 | +3:48 | 7:15 |
| 1:35 (1:35) | 1:27 (3:02) | 3:30 (6:32) | | 1:07 (7:39) | 2:30 (10:09) |
| 2:45 (12:54) | 7:36 (20:30) | 2:43 (23:13) | | 1:17 (24:30) | 3:29 (27:59) |
| 0:49 (28:48) | 1:49 (30:37) | 4:04 (34:41) | | 2:11 (36:52) | 1:31 (38:23) |
| 1:48 (40:11) | 2:01 (42:12) | 0:13 (42:25) | | | |
| 3. Stéphanie POULAIN | COBS | | 44:59 | +6:22 | 7:54 |
| 1:19 (1:19) | 0:59 (2:18) | 4:01 (6:19) | | 0:56 (7:15) | 1:42 (8:57) |
| 3:05 (12:02) | 2:45 (14:47) | 3:20 (18:07) | | 1:12 (19:19) | 4:15 (23:34) |
| 0:53 (24:27) | 1:14 (25:41) | 3:47 (29:28) | | 2:51 (32:19) | 8:29 (40:48) |
| 1:35 (42:23) | 2:22 (44:45) | 0:14 (44:59) | | | |

| | | | | | | |
|------------|--------------------|-----------------|----------------|----------------|--------------------|----------------|
| 4. | Florence VILLEDIEU | O. CAENNAISE | 46:23 | +7:46 | 9:23 | |
| | 1:28 (1:28) | 1:59 (3:27) | 8:38 (12:05) | 1:11 (13:16) | | 1:44 (15:00) |
| | 3:01 (18:01) | 6:19 (24:20) | 2:58 (27:18) | 1:21 (28:39) | | 3:41 (32:20) |
| | 0:50 (33:10) | 1:23 (34:33) | 3:43 (38:16) | 2:26 (40:42) | | 1:36 (42:18) |
| | 1:52 (44:10) | 1:59 (46:09) | 0:14 (46:23) | | | |
| | Virginie LEMIEGRE | VIK'AZIM | PM | | | |
| | 0:59 (0:59) | 1:07 (2:06) | 3:16 (5:22) | 1:01 (6:23) | | 1:34 (7:57) |
| | 2:16 (10:13) | 1:55 (12:08) | 2:53 (15:01) | 1:09 (16:10) | | – (–) |
| | – (–) | – (19:17) | 3:28 (22:45) | 2:11 (24:56) | | 1:12 (26:08) |
| | 5:10 (31:18) | 1:50 (33:08) | 0:11 (33:19) | | | |
| D50 | | (3 / 3) | Temps | Après | Temps perdu | |
| 1. | Sophie BRASSART | O. CAENNAISE | 37:35 | | 0:00 | |
| | 1:33 (1:33) | 1:18 (2:51) | 4:14 (7:05) | 1:09 (8:14) | | 1:37 (9:51) |
| | 2:38 (12:29) | 2:24 (14:53) | 3:10 (18:03) | 1:20 (19:23) | | 3:36 (22:59) |
| | 0:51 (23:50) | 1:16 (25:06) | 3:15 (28:21) | 2:37 (30:58) | | 1:21 (32:19) |
| | 1:49 (34:08) | 3:13 (37:21) | 0:14 (37:35) | | | |
| 2. | Béatrice LEHAULT | VIK'AZIM | 44:23 | +6:48 | 2:31 | |
| | 1:51 (1:51) | 1:29 (3:20) | 4:46 (8:06) | 1:24 (9:30) | | 1:55 (11:25) |
| | 2:49 (14:14) | 3:05 (17:19) | 3:53 (21:12) | 1:34 (22:46) | | 4:12 (26:58) |
| | 0:51 (27:49) | 1:16 (29:05) | 4:18 (33:23) | 3:36 (36:59) | | 2:12 (39:11) |
| | 2:02 (41:13) | 2:56 (44:09) | 0:14 (44:23) | | | |
| 3. | Sarah VALEYRE | O. CAENNAISE | 1:16:44 | +39:09 | 20:02 | |
| | 2:10 (2:10) | 2:25 (4:35) | 5:06 (9:41) | 2:16 (11:57) | | 4:20 (16:17) |
| | 3:37 (19:54) | 5:30 (25:24) | 8:11 (33:35) | 1:33 (35:08) | | 5:59 (41:07) |
| | 1:36 (42:43) | 2:11 (44:54) | 7:24 (52:18) | 9:44 (1:02:02) | | 3:21 (1:05:23) |
| | 6:49 (1:12:12) | 4:15 (1:16:27) | 0:17 (1:16:44) | | | |
| D55 | | (1 / 1) | Temps | Après | Temps perdu | |
| 1. | Valérie CROUIN | ALBEOrientation | 53:59 | | 0:00 | |
| | 1:44 (1:44) | 1:20 (3:04) | 4:55 (7:59) | 1:05 (9:04) | | 7:10 (16:14) |
| | 2:45 (18:59) | 7:39 (26:38) | 3:12 (29:50) | 1:25 (31:15) | | 3:33 (34:48) |
| | 0:49 (35:37) | 1:12 (36:49) | 4:48 (41:37) | 3:07 (44:44) | | 1:25 (46:09) |
| | 5:11 (51:20) | 2:23 (53:43) | 0:16 (53:59) | | | |
| H60 | | (8 / 8) | Temps | Après | Temps perdu | |
| 1. | Benoit SANDEVOIR | O. CAENNAISE | 30:25 | | 1:58 | |
| | 0:30 (0:30) | 1:34 (2:04) | 1:55 (3:59) | 1:51 (5:50) | | 2:43 (8:33) |
| | 1:44 (10:17) | 2:08 (12:25) | 2:00 (14:25) | 1:08 (15:33) | | 3:00 (18:33) |
| | 0:41 (19:14) | 2:05 (21:19) | 2:19 (23:38) | 0:39 (24:17) | | 2:57 (27:14) |
| | 1:33 (28:47) | 1:24 (30:11) | 0:14 (30:25) | | | |
| 2. | Eric MOISSERON | VIK'AZIM | 31:01 | +0:36 | 1:53 | |
| | 0:55 (0:55) | 1:48 (2:43) | 1:47 (4:30) | 1:49 (6:19) | | 3:02 (9:21) |
| | 1:46 (11:07) | 1:36 (12:43) | 1:28 (14:11) | 1:05 (15:16) | | 3:09 (18:25) |
| | 1:13 (19:38) | 0:54 (20:32) | 3:43 (24:15) | 0:39 (24:54) | | 2:58 (27:52) |
| | 1:34 (29:26) | 1:22 (30:48) | 0:13 (31:01) | | | |
| 3. | Jacky MOREAU | O. CAENNAISE | 33:02 | +2:37 | 1:39 | |
| | 0:57 (0:57) | 1:49 (2:46) | 2:06 (4:52) | 2:00 (6:52) | | 3:13 (10:05) |
| | 2:02 (12:07) | 1:49 (13:56) | 1:52 (15:48) | 1:16 (17:04) | | 3:13 (20:17) |
| | 1:10 (21:27) | 1:00 (22:27) | 3:46 (26:13) | 0:43 (26:56) | | 3:02 (29:58) |
| | 1:36 (31:34) | 1:17 (32:51) | 0:11 (33:02) | | | |
| 4. | Vincent PROFICHET | VIK'AZIM | 35:22 | +4:57 | 2:15 | |
| | 1:03 (1:03) | 2:11 (3:14) | 3:33 (6:47) | 2:19 (9:06) | | 3:15 (12:21) |
| | 1:41 (14:02) | 1:52 (15:54) | 1:58 (17:52) | 1:08 (19:00) | | 3:29 (22:29) |
| | 1:02 (23:31) | 1:07 (24:38) | 3:23 (28:01) | 0:51 (28:52) | | 3:09 (32:01) |
| | 1:38 (33:39) | 1:29 (35:08) | 0:14 (35:22) | | | |
| 5. | Stéphane MARCHAND | COBS | 40:17 | +9:52 | 8:17 | |
| | 0:58 (0:58) | 2:12 (3:10) | 2:26 (5:36) | 2:17 (7:53) | | 3:12 (11:05) |
| | 2:20 (13:25) | 2:02 (15:27) | 4:09 (19:36) | 3:25 (23:01) | | 2:52 (25:53) |
| | 0:41 (26:34) | 3:37 (30:11) | 2:27 (32:38) | 0:34 (33:12) | | 3:13 (36:25) |
| | 2:11 (38:36) | 1:25 (40:01) | 0:16 (40:17) | | | |
| 6. | Frédéric BANIK | ALBEOrientation | 48:33 | +18:08 | 8:53 | |
| | 1:03 (1:03) | 2:14 (3:17) | 2:44 (6:01) | 3:02 (9:03) | | 3:50 (12:53) |
| | 2:19 (15:12) | 2:26 (17:38) | 8:25 (26:03) | 1:24 (27:27) | | 3:44 (31:11) |
| | 0:55 (32:06) | 1:20 (33:26) | 3:37 (37:03) | 1:19 (38:22) | | 4:37 (42:59) |
| | 2:37 (45:36) | 2:40 (48:16) | 0:17 (48:33) | | | |
| 7. | andré LEHAULT | VIK'AZIM | 1:01:42 | +31:17 | 10:54 | |
| | 1:49 (1:49) | 4:02 (5:51) | 4:59 (10:50) | 3:48 (14:38) | | 6:47 (21:25) |
| | 3:01 (24:26) | 4:46 (29:12) | 2:54 (32:06) | 2:09 (34:15) | | 4:48 (39:03) |
| | 1:03 (40:06) | 1:36 (41:42) | 7:52 (49:34) | 0:59 (50:33) | | 6:05 (56:38) |
| | 3:03 (59:41) | 1:48 (1:01:29) | 0:13 (1:01:42) | | | |

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|-----------------------|-----------------|--------------|--------------|--------------------|-------|
| Mark DONOVAN | ACBeauchamp | Non partant | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| H65 | (2 / 2) | Temps | Après | Temps perdu | |
| 1. Patrick VOIVENEL | VIK'AZIM | 48:41 | | 4:45 | |
| 1:45 (1:45) | 2:30 (4:15) | 2:16 (6:31) | 2:58 (9:29) | 4:41 (14:10) | |
| 2:29 (16:39) | 2:44 (19:23) | 2:49 (22:12) | 1:35 (23:47) | 4:38 (28:25) | |
| 1:07 (29:32) | 4:24 (33:56) | 3:55 (37:51) | 1:06 (38:57) | 4:12 (43:09) | |
| 2:58 (46:07) | 2:19 (48:26) | 0:15 (48:41) | | | |
| 2. Jean-Pierre PICARD | COBS | 50:18 | +1:37 | 5:44 | |
| 1:13 (1:13) | 2:43 (3:56) | 3:10 (7:06) | 3:13 (10:19) | 3:39 (13:58) | |
| 6:19 (20:17) | 2:34 (22:51) | 2:19 (25:10) | 1:35 (26:45) | 5:10 (31:55) | |
| 0:58 (32:53) | 1:36 (34:29) | 4:34 (39:03) | 0:53 (39:56) | 4:59 (44:55) | |
| 2:32 (47:27) | 2:33 (50:00) | 0:18 (50:18) | | | |
| D60 | (4 / 4) | Temps | Après | Temps perdu | |
| 1. Christine ANTOINE | O. CAENNAISE | 29:19 | | 0:00 | |
| 1:37 (1:37) | 1:08 (2:45) | 1:01 (3:46) | 2:14 (6:00) | 3:06 (9:06) | |
| 2:02 (11:08) | 1:56 (13:04) | 1:36 (14:40) | 0:41 (15:21) | 4:18 (19:39) | |
| 0:55 (20:34) | 2:58 (23:32) | 1:23 (24:55) | 1:55 (26:50) | 2:17 (29:07) | |
| 0:12 (29:19) | | | | | |
| 2. Claire MOISSERON | VIK'AZIM | 34:25 | +5:06 | 2:34 | |
| 2:20 (2:20) | 1:28 (3:48) | 0:58 (4:46) | 2:34 (7:20) | 4:31 (11:51) | |
| 2:24 (14:15) | 2:49 (17:04) | 1:48 (18:52) | 0:43 (19:35) | 4:17 (23:52) | |
| 0:53 (24:45) | 2:38 (27:23) | 1:43 (29:06) | 2:20 (31:26) | 2:43 (34:09) | |
| 0:16 (34:25) | | | | | |
| 3. Valérie BEAUVISAGE | COBS | 41:30 | +12:11 | 10:27 | |
| 3:38 (3:38) | 2:41 (6:19) | 0:56 (7:15) | 3:11 (10:26) | 3:00 (13:26) | |
| 2:19 (15:45) | 2:41 (18:26) | 2:11 (20:37) | 0:37 (21:14) | 4:16 (25:30) | |
| 0:43 (26:13) | 3:13 (29:26) | 1:31 (30:57) | 7:17 (38:14) | 3:03 (41:17) | |
| 0:13 (41:30) | | | | | |
| 4. Marylène NICOLAS | CO'ORNE ALENCON | 48:06 | +18:47 | 8:27 | |
| 3:19 (3:19) | 2:56 (6:15) | 1:36 (7:51) | 3:20 (11:11) | 4:11 (15:22) | |
| 5:24 (20:46) | 3:25 (24:11) | 2:28 (26:39) | 0:47 (27:26) | 5:37 (33:03) | |
| 1:25 (34:28) | 5:05 (39:33) | 2:55 (42:28) | 2:37 (45:05) | 2:43 (47:48) | |
| 0:18 (48:06) | | | | | |
| H16 | (3 / 3) | Temps | Après | Temps perdu | |
| 1. Raphaël LEMIEGRE | VIK'AZIM | 32:44 | | 4:12 | |
| 1:52 (1:52) | 1:51 (3:43) | 0:55 (4:38) | 1:35 (6:13) | 3:02 (9:15) | |
| 2:50 (12:05) | 3:32 (15:37) | 1:02 (16:39) | 1:10 (17:49) | 3:00 (20:49) | |
| 1:24 (22:13) | 1:37 (23:50) | 0:47 (24:37) | 2:48 (27:25) | 1:14 (28:39) | |
| 2:08 (30:47) | 1:43 (32:30) | 0:14 (32:44) | | | |
| 2. Raphaël GUYON | O. CAENNAISE | 33:33 | +0:49 | 7:41 | |
| 1:27 (1:27) | 1:33 (3:00) | 1:29 (4:29) | 1:18 (5:47) | 1:54 (7:41) | |
| 2:01 (9:42) | 8:33 (18:15) | 0:50 (19:05) | 1:05 (20:10) | 2:43 (22:53) | |
| 1:19 (24:12) | 1:38 (25:50) | 0:32 (26:22) | 2:24 (28:46) | 1:12 (29:58) | |
| 2:07 (32:05) | 1:17 (33:22) | 0:11 (33:33) | | | |
| 3. Maël FRANCOIS | VIK'AZIM | 37:13 | +4:29 | 10:04 | |
| 1:05 (1:05) | 0:49 (1:54) | 1:02 (2:56) | 1:21 (4:17) | 2:12 (6:29) | |
| 1:53 (8:22) | 2:24 (10:46) | 2:02 (12:48) | 1:06 (13:54) | 3:06 (17:00) | |
| 3:34 (20:34) | 1:42 (22:16) | 1:10 (23:26) | 8:44 (32:10) | 1:15 (33:25) | |
| 2:00 (35:25) | 1:33 (36:58) | 0:15 (37:13) | | | |
| D16 | (1 / 1) | Temps | Après | Temps perdu | |
| 1. Eryne BRASSART | O. CAENNAISE | 34:08 | | 0:00 | |
| 1:31 (1:31) | 1:02 (2:33) | 0:50 (3:23) | 1:57 (5:20) | 2:20 (7:40) | |
| 3:12 (10:52) | 3:14 (14:06) | 1:09 (15:15) | 1:30 (16:45) | 3:26 (20:11) | |
| 1:28 (21:39) | 2:11 (23:50) | 0:58 (24:48) | 3:40 (28:28) | 1:28 (29:56) | |
| 2:24 (32:20) | 1:37 (33:57) | 0:11 (34:08) | | | |
| H14 | (2 / 2) | Temps | Après | Temps perdu | |
| 1. Martin VOIVENEL | VIK'AZIM | 34:15 | | 0:00 | |
| 1:39 (1:39) | 2:30 (4:09) | 0:48 (4:57) | 3:24 (8:21) | 6:11 (14:32) | |
| 1:18 (15:50) | 3:11 (19:01) | 4:04 (23:05) | 4:09 (27:14) | 3:47 (31:01) | |
| 1:28 (32:29) | 1:37 (34:06) | 0:09 (34:15) | | | |

| | | | | | |
|-------------------------|----------------|----------------|----------------|--------------------|----------------|
| Melaine LORIENT | COBS | Non partant | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| D14 | (1 / 1) | Temps | Après | Temps perdu | |
| 1. Adèle MILEO | COBS | 40:55 | | 0:00 | |
| 2:06 (2:06) | 3:05 (5:11) | 0:45 (5:56) | 5:11 (11:07) | | 10:02 (21:09) |
| 1:39 (22:48) | 3:40 (26:28) | 3:54 (30:22) | 3:35 (33:57) | | 3:35 (37:32) |
| 1:38 (39:10) | 1:34 (40:44) | 0:11 (40:55) | | | |
| H12 | (1 / 1) | Temps | Après | Temps perdu | |
| 1. Nicolas KOWARSKY | O. CAENNAISE | 33:41 | | 0:00 | |
| 3:36 (3:36) | 4:04 (7:40) | 2:20 (10:00) | 0:43 (10:43) | | 3:40 (14:23) |
| 4:07 (18:30) | 6:04 (24:34) | 2:41 (27:15) | 2:15 (29:30) | | 1:52 (31:22) |
| 2:01 (33:23) | 0:18 (33:41) | | | | |
| H10 | (2 / 2) | Temps | Après | Temps perdu | |
| 1. Camille MILEO | COBS | 43:19 | | 20:58 | |
| 0:23 (0:23) | 1:51 (2:14) | 2:31 (4:45) | 1:25 (6:10) | | 0:42 (6:52) |
| 1:47 (8:39) | 11:15 (19:54) | 2:49 (22:43) | 16:24 (39:07) | | 2:24 (41:31) |
| 1:33 (43:04) | 0:15 (43:19) | | | | |
| Simon WILD | COBS | (59:02) | +15:43 | 28:55 | |
| 2:33 (2:33) | 4:03 (6:36) | 5:35 (12:11) | 2:53 (15:04) | | 1:10 (16:14) |
| 4:26 (20:40) | 1:35 (22:15) | 5:25 (27:40) | 4:44 (32:24) | | 3:39 (36:03) |
| 2:36 (38:39) | 20:23 (59:02) | | | | |
| D10 | (1 / 1) | Temps | Après | Temps perdu | |
| 1. Jeanne VILLEDIEU | O. CAENNAISE | 44:58 | | 0:00 | |
| 1:23 (1:23) | 3:19 (4:42) | 5:21 (10:03) | 3:25 (13:28) | | 1:11 (14:39) |
| 2:50 (17:29) | 1:31 (19:00) | 13:08 (32:08) | 4:27 (36:35) | | 5:29 (42:04) |
| 2:41 (44:45) | 0:13 (44:58) | | | | |
| H70 | (1 / 1) | Temps | Après | Temps perdu | |
| 1. Gilles DESLANDES | O. CAENNAISE | 44:01 | | 0:00 | |
| 1:31 (1:31) | 2:30 (4:01) | 3:04 (7:05) | 2:26 (9:31) | | 3:21 (12:52) |
| 2:04 (14:56) | 3:55 (18:51) | 2:12 (21:03) | 1:22 (22:25) | | 3:07 (25:32) |
| 0:53 (26:25) | 2:05 (28:30) | 2:54 (31:24) | 0:53 (32:17) | | 7:33 (39:50) |
| 2:11 (42:01) | 1:41 (43:42) | 0:19 (44:01) | | | |
| H75 | (2 / 2) | Temps | Après | Temps perdu | |
| 1. Michel LEPETIT | O. CAENNAISE | 48:03 | | 2:05 | |
| 1:28 (1:28) | 2:38 (4:06) | 2:53 (6:59) | 3:15 (10:14) | | 6:34 (16:48) |
| 2:04 (18:52) | 4:00 (22:52) | 2:00 (24:52) | 1:11 (26:03) | | 3:31 (29:34) |
| 1:07 (30:41) | 1:51 (32:32) | 3:01 (35:33) | 0:55 (36:28) | | 7:19 (43:47) |
| 2:08 (45:55) | 1:57 (47:52) | 0:11 (48:03) | | | |
| 2. Jean-Pierre CALANDOT | O. CAENNAISE | 1:03:48 | +15:45 | 10:41 | |
| 1:35 (1:35) | 3:14 (4:49) | 3:38 (8:27) | 4:36 (13:03) | | 7:36 (20:39) |
| 3:00 (23:39) | 3:23 (27:02) | 3:17 (30:19) | 1:54 (32:13) | | 6:15 (38:28) |
| 2:33 (41:01) | 4:21 (45:22) | 4:48 (50:10) | 1:14 (51:24) | | 5:50 (57:14) |
| 3:13 (1:00:27) | 2:56 (1:03:23) | 0:25 (1:03:48) | | | |
| Open bleu | (1 / 1) | Temps | Après | Temps perdu | |
| 1. Françoise VOIVENEL | VIK'AZIM | 1:11:38 | | 0:00 | |
| 7:10 (7:10) | 7:49 (14:59) | 4:34 (19:33) | 1:30 (21:03) | | 7:54 (28:57) |
| 11:38 (40:35) | 13:55 (54:30) | 5:13 (59:43) | 4:07 (1:03:50) | | 3:42 (1:07:32) |
| 3:32 (1:11:04) | 0:34 (1:11:38) | | | | |
| Open jaune | (3 / 3) | Temps | Après | Temps perdu | |
| 1. Vincent GUYON | O. CAENNAISE | 38:00 | | 4:17 | |
| 1:57 (1:57) | 3:46 (5:43) | 0:45 (6:28) | 4:16 (10:44) | | 6:00 (16:44) |
| 1:28 (18:12) | 3:41 (21:53) | 4:43 (26:36) | 4:16 (30:52) | | 3:41 (34:33) |
| 1:40 (36:13) | 1:32 (37:45) | 0:15 (38:00) | | | |
| 2. Céline LEVEQUE | VIK'AZIM | 54:30 | +16:30 | 17:05 | |
| 2:26 (2:26) | 2:18 (4:44) | 0:44 (5:28) | 9:34 (15:02) | | 7:44 (22:46) |
| 1:27 (24:13) | 4:36 (28:49) | 2:53 (31:42) | 15:23 (47:05) | | 3:51 (50:56) |
| 1:45 (52:41) | 1:31 (54:12) | 0:18 (54:30) | | | |
| Yann KOWARSKY | O. CAENNAISE | PM | | | |
| 2:56 (2:56) | 5:04 (8:00) | 0:44 (8:44) | 5:21 (14:05) | | 5:36 (19:41) |
| 1:41 (21:22) | 3:22 (24:44) | 2:17 (27:01) | 3:39 (30:40) | | - (-) |
| - (-) | - (-) | - (47:38) | | | |

Open orange**(1 / 1)****Temps****Après****Temps perdu**

1. Aurélie VOIVENEL

VIK'AZIM

50:27

0:00

4:54 (4:54)

7:17 (12:11)

1:12 (13:23)

3:56 (17:19)

5:16 (22:35)

1:59 (24:34)

0:45 (25:19)

3:13 (28:32)

3:22 (31:54)

6:04 (37:58)

2:06 (40:04)

7:12 (47:16)

2:55 (50:11)

0:16 (50:27)